



Gisela Esteva
Dissertation Defense
College of Education
Counselor Education
Counselor Education, PhD

Integrating the Application of a Virtual Reality Enhanced Cognitive Behavioral Therapy for Latino Adults with Autism and Social Anxiety.

This research explores the application of a culturally adapted treatment using cognitive behavioral therapy, emotional awareness, social skills, and virtual reality exposure, for an underserved population of Latino adults with autism and social anxiety. Join me to share and discuss the results.

Event Information
Date 11/06/2024
Time: 1:00 PM
Location: Zoom

Committee Members
Dr. Yvonne Garza Chaves

Dr. Jeffrey Sullivan Dr. Amy Garcia